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# Increasing energy efficiency of HVAC systems of buildings using phase change material

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# Abstract

Using Computational Fluid Dynamics (CFD), four different cooling systems used in contemporary office environments are modeled to compare energy consumption and thermal comfort levels. Incorporating convection and radiation technologies, full-scale models of an office room compare energy efficiency of (a) an all-air overhead system, (b) a combined all-air overhead and hydronic radiant system (chilled ceiling), (c) an all-air raised floor system (displacement ventilation), and (d) a combined displacement ventilation with a chilled ceiling. The computational domain for each model consists of one temperature varying wall (simulating the temperature of the exterior wall of the building during a 24-hour period) and adiabatic conditions for the remaining walls, floor, and ceiling (simulating interior walls of the room). Two sets of computations are conducted. The first set considers a glass window and plastic shade configuration for the exterior wall. The second set of computations includes a phase change material layer between the glass window and the plastic shade. Results show substantial energy savings can be accrued using the displacement ventilation and especially the displacement ventilation with a chilled ceiling over the conventional overhead mixing ventilation system. The results also show that the addition of a PCM layer to the exterior wall can significantly decrease the cooling energy requirements. *Copyright* © *2012 International Energy and Environment Foundation - All rights reserved.* 

**Keywords:** Energy efficiency; HVAC systems; Phase change materials; Thermal comfort.

# 1. Introduction

# 1.1 Conventional variable-air-volume (VAV) ventilation

In general, buildings, especially modern designs, are tightly constructed with low leakage rates from materials that provide high thermal insulation. In the simplest HVAC systems, where all-air overhead ventilation relies on turbulent mixing of room air with ventilated air, the mechanical air-conditioning must overcome the internal heat loads in a very direct way. The internal heat loads typically consist of heat plumes created from occupants, lights, and office equipment (including electronic devices on standby). The conventional office and industrial building design criteria for ventilation are based on the need to remove this excess heat (and pollutants) rather than to provide adequate air for respiration. A person requires about 7.5 liter/sec for respiration, while typical air changes needed for thermal comfort require at least ten times this amount [1].

In addition, for the typical mixing system, initial construction costs are low and it requires little maintenance; however, because of the large volume of air needed for heat exchange, this results in an increase in space allocation in comparison to the alternative systems. This increased space requirement

typically results in greater building envelope surface area, and an associated increase in envelope heating and cooling loads. Given these factors, it is reasonable to assume that considerable inroads towards energy efficiency can be made by modifying these traditional HVAC systems.

#### 1.2 Displacement ventilation

A superior system is the displacement ventilation (DV) in which ventilated air is dispersed at low speeds along the floor (or near the floor along the walls) and is warmed by internal heat sources (occupants, lights, plug-in equipment) as it rises to the top, displacing the air already present. DV is more effective at removing contaminants than conventional turbulent mixing ventilation, while permitting a smaller airflow rate by a factor of two [2]. In addition, the supply air temperature for DV is significantly higher for the same comfort conditions (about 18 °C versus about 13 °C in a conventional mixing ventilation system), reducing the chilling load significantly. Depending on the regional climate, DV can reduce energy use for cooling and ventilation by 30-60% [3, 4].

#### 1.3 Displacement ventilation with radiant cooling

The radiant (hydronic) heating/cooling system provides even greater potential for energy efficiency. Water is 25-100 times more effective than air at transferring heat energy. Thus, tremendous efficiency gains can be made by decoupling the ventilation from the heating/cooling load. In general, this decoupled system circulates chilled or hot water through the ceilings and walls of office buildings and the floors of residential units for temperature control, while only distributing the volume of air required for ventilation. This decoupled system allows for 100% of the ventilated air to be from the outside rather than re-circulating a portion of the indoor air, thereby providing health benefits. For example, it is not uncommon for conventional HVAC systems to recirculate up to 80% of the internal air on each circuit and replace the remaining 20% with fresh air [5]. Also, further energy gains are achieved because the internal heat plumes generated by occupants, lighting, and plug-in equipment (constituting up to 30% of total cooling requirement [5]) are vented directly outside rather than partly re-circulated, as in a conventional system. Using a decoupled system with constant ventilation can produce savings of 20-30%. It should be noted that the required airflow - now decoupled from heating/cooling functions - can be made to vary with changing building occupancy. A demand controlled ventilation (DCV) system uses CO2 and/or other sensors to adjust the ventilation rate; this can reduce total HVAC energy by an additional 20-30% when compared with fixed rate ventilation based on maximum occupancy [6].

In a chilled ceiling system, a large fraction of the ceiling is chilled by circulating cool water through pipes or lightweight panels. In addition to the aforementioned increased effectiveness of water over air in transporting heat, there is a reduced cooling load since typically water is supplied at 16-20 °C rather than 5-7 °C, as in conventional hydronic cooling systems. Not only does this reduction in cooling load allows a higher chiller coefficient of performance (COP, or cooling power divided by fan power, a direct measure of efficiency), but it also allows more frequent use of 'water-side free cooling', where the mechanical chilling is bypassed altogether and supplied water for space cooling tower could provide the cooling requirements 97% of the time in Dublin, Ireland, and 67% percent of the time in Milan, Italy [7]. In the case of conventional dehumidification systems with air-conditioning, dehumidification is accomplished by overcooling the air so that sufficient water vapor is condensed, and then the air is reheated to be supplied at a comfortable temperature. Dehumidification can be decoupled from cooling through a variety of desiccant-based techniques, with energy use savings of 25-30%, or by up to 50% if solar heat is used to regenerate the desiccant [8].

Lastly, perceived temperature depends on more than just air temperature and its velocity. Infrared radiation from surrounding surfaces also plays a role, especially if there is significant radiant asymmetry. Infrared radiation depends on the temperature and emissivities of the surfaces enclosing the occupied space. As a result, radiant asymmetry happens when there is one surface, such as a window or exterior wall, is much hotter than other surfaces, such as the interior walls. Likewise, humans emit infrared radiation and if the emission of the surrounding surfaces and its subsequent absorption is greater than that of the human, then the person will feel warm even if the air is cool. Therefore, in the case of radiant cooling, the set points for temperature and humidity can be adjusted higher due to the perceived temperature difference from traditional ventilation systems.

#### 1.4 Phase change material layers

The addition of a phase change material (PCM) into the external wall of a building has been shown to reduce the amount of energy required to cool the building [9-15]. This is accomplished through the melting and solidification of the PCM. During the day, the PCM melts absorbing energy that would otherwise be transferred into the interior of the room. At night, the PCM freezes rejecting energy to both the interior and exterior of the room.

## 2. Methodology

# 2.1 CFD solver

ANSYS - FLUENT [16] is a general-purpose CFD code, which solves the Unsteady Reynolds-averaged Navier-Stokes (URANS) equations using the finite-volume method on a collocated grid. It can model fluid flow and heat transfer in complex geometries using an interactive, menu-driven interface. It can solve 2- and 3-D problems in steady and unsteady simulations. FLUENT has the capability to solve incompressible and compressible flows using inviscid, laminar, and turbulent viscosity models. There is a wide array of turbulence models available, including Spalart-Allmaras (S-A), k- $\omega$ , and k- $\varepsilon$  (standard, RNG, Realizable) models.

#### 2.2 Flow field computations

The initial starting values of temperature,  $T_0$ =288.16 K, and density,  $\rho_0$ = 1.225 kg/m<sup>3</sup>, were employed. Discrete-ordinate method for the radiation calculation was employed. The governing equations are solved using the First-Order-Upwind scheme and the pressure is calculated using the PRESTO! scheme. The SIMPLE algorithm was employed for the coupling of the velocity and pressure. The *k*- $\varepsilon$  (RNG) model, which uses two equations to calculate the eddy viscosity, was used in the first set of computations. The S-A turbulence model was used in the PCM computations because it is a simpler one-equation model. The Boussinesq approximation was utilized to simulate the buoyancy effects. The Boussinesq approximation takes the density to be a constant in all terms except in the buoyancy term of the momentum equation.

#### 2.3 Temperature controller

The temperature controller was designed and coded into a Fluent function so that it maintained a band of temperatures deemed comfortable, 72.4 F to 76.0 F (295.6 K to 297.6 K). The controller was setup such that if the temperature reached the upper set point in the controller, the mass flow inlets would turn on and drive the temperature down to the lower set point, at which the jets would turn off. Figure 1 shows the behavior of the temperature controller as it cycles the mass flow inlets.



Figure 1. Temperature controller behavior

Constant mass flux was specified across the mass flow inlets. The controller read the temperature 3" off of the rear wall and halfway between the floor and ceiling, and the two side walls. This was done to simulate realistic placement of the thermostat inside of the room.

#### 2.4 Exterior wall temperature wave form

Two external wall temperature wave forms were used in these simulations (Figure 2). For the first set of computations (without PCM) an ASHRAE TETD curve [17] was coded into FLUENT.



Figure 2. Hot wall temperature wave form

The second temperature wave form was utilized for the PCM calculations. It was created using the ASHRAE SolAir calculation that approximates all the heat transfer from convection, conduction and radiation on a surface of a building as an equivalent temperature. The SolAir temperature for Sioux Falls, SD was used [17].

#### 2.5 Exterior wall modeling

The exterior wall was modeled as traditional glazed window construction with a window shade. The materials, layer thicknesses and properties are given in Table 1.

Material	Thickness [in]	Cp [J/kg-K]	ρ [kg/m3]	<i>k</i> [W/m-K]
Insulated Glass	1	840	2500	0.0405
Air	1	1006.43	1.225	0.0242
Plastic Shade	1/32	1670	905	0.12

Table 1. Exterior	wall section	properties
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For the PCM simulations a PCM layers was added between the air and plastic shade in the external wall. Table 2 shows the PCM thickness and properties.

Material	PCM 1 (Outlast 7815)*	PCM 2 (Rubitherm RT 31)*
Thickness [in]	1/32	1/4
Cp [J/kg-K]	1700	2400
Hf [kJ]	74.1	150
<i>k</i> [W/m-K]	297-305.3	304.2-306.2

Table 2. Phase change material (PCM) properties

\*commercial Trade Mark products

## 3. CFD simulations and results

3.1 Pre-processing: Mesh generation

<u>Case 1:</u> Case 1 was created to simulate the conventional variable-air-volume (VAV) ventilation system. A 3-D Cartesian mesh inside Case 1 was generated by GAMBIT [18], with a uniform grid of spacing of 3" (Figure 3). The exterior wall layers were meshed with each layer having three nodes across their thickness.



Figure 3. Case 1 mesh: Top view and 3-D view

Despite the steep gradients near the walls, this spacing is sufficient to capture the flow field with reasonable accuracy. This mesh has a cell count of 87,552 and a node count of 110,322.

Case 1's vent was sized based on HVAC requirements. The inlet and outlet dimensions of the vents are  $9" \times 36"$  (0.2286 m × 0.9144 m) spaced 12" (0.3048 m) off of the rear wall as shown in Figure 4, which gives an area of 2.25 ft2 (0.2090 m2) for each vent.

Case 1 has a volume of 1,368 ft<sup>3</sup> (38.74 m<sup>3</sup>). By meeting the guidelines of four air changes per hour [8], this vent size gives a flow velocity of 40.54 ft/min (0.206 m/s).

<u>Case 2</u>: Case 2 was created to simulate the conventional variable-air-volume (VAV) ventilation system with radiant cooling. Case 2's vents were of the same size and position as of Case 1. Case 2 has the addition of the radiation slab,  $6' \times 6' \times 6''$ , which provides the chilled ceiling effect (Figure 5). The radiation slab is placed 6'' below the ceiling in the center of the room.

The Case 2 mesh varies slightly from the Case 1 mesh, since the radiation slab is included in Case 2. Consequently the volume for Case 2 is also slightly smaller than Case 1 (Case 2 Volume = 1,350 ft<sup>3</sup> (38.228 m<sup>3</sup>)). A 3-D Cartesian mesh inside Case 2 was generated by GAMBIT, with a uniform grid spacing of 3" (Figure 6). The exterior wall layers were meshed with each layer having 3 nodes across their thickness.



Figure 4. Case 1 vent sizes



Figure 5. Case 2 vent sizes

Despite the steep gradients near the walls, this spacing is sufficient to capture the flow field with reasonable accuracy. This mesh has a cell count of 97,344 and a node count of 109,793.

The discrete-ordinate radiation model was employed for heat transfer calculations due to radiation. This adds another term qradiation to the total surface heat flux from a given surface. Fluent calculates the values for qradiation and qconvection for the chilled ceiling. The radiation block is made of weathered stainless steel with external emissivity of 0.85. The walls (hot wall and adiabatic walls) are gray and diffuse and have an absorption coefficient of 0.85. The air has an absorption coefficient of 0.17 to account for the water vapor [19]. Thus, radiation is transferred from the slab to the air and walls. Note that after the radiation transfers heat to the walls, the portion of heat that is not absorbed is diffusely reflected onto the air and to the other walls.

<u>Case 3</u>: Case 3 was created to simulate a displacement ventilation (DV) system. Figure 7 shows the schematic of Case 3 with the two outlet vents in the ceiling and six inlet vents on the floor.



Figure 6. Case 2 mesh, top view and 3-D view



Figure 7. Case 3 vent sizes on the ceiling and the floor

Case 3's inlet vents are designed to have the same total inlet vent area as Case 1 and 2. There are six inlet vents on the floor. Hence, the Case 3 inlet vents are  $6" \times 9"$ , which gives an area of 2.25 ft<sup>2</sup> (0.209 m<sup>2</sup>) for six vents (Figure 7). Since there is no change in the total inlet vent area compared to Case 1, Case 3 meets the ASHRAE guidelines of air movement in the room. The six inlet vents are placed on the floor near the adiabatic walls. The outlet vent area of Case 3 is double the size of the outlet vent area of Case 1. Each outlet vent is of the size,  $9" \times 36"$  (0.2286 m  $\times$  0.9144 m) spaced 12", giving an area of 4.5 ft<sup>2</sup> (0.418 m<sup>2</sup>)) for the 2 outlet vents in Case 3. Case 3 has a volume of 1,368 ft<sup>3</sup> (38.74 m<sup>3</sup>).

A 3-D Cartesian mesh inside Case 3 was generated by GAMBIT, with a uniform grid spacing of 3" (Figure 8). The exterior wall layers were meshed with each layer having three nodes across their thickness.



Figure 8. Case 3 mesh, 3-D view

This mesh has a cell count of 100,320 and a node count of 112,233.

<u>Case 4</u>: Case 4 was created to simulate a distributed ventilation system with radiant cooling. There are no changes in the sizes or placement of the inlet or outlet vents from Case 3, so Case 4 meets the ASHRAE guidelines of air movement in the room. Case 4 has the addition of a  $6' \times 6' \times 6''$  radiation slab that provides the chilled ceiling effect (Figure 9). The radiation slab is placed 6'' below the ceiling in the center of the room.



Figure 9. Case 4 geometry

Similar to Cases 1, 2 and 3, a 3-D Cartesian mesh inside Case 4 was generated by GAMBIT, with a uniform grid spacing of 3" (Figure 10). The exterior wall layers were meshed with each layer having three nodes across their thickness.

The Case 4 mesh varies slightly from Case 3, since the radiation slab is included in Case 4. Consequently the volume for Case 4 is also slightly smaller than the other two cases (Case 4 Volume =  $38.228 \text{ m}^3$ ). This mesh has a cell count of 99,120 and a node count of 111,681. The same radiation model as in Case 2 is utilized in Case 4. Figure 11 shows the interior view of the room with vents and radiation slab for Case 4.



Figure 10. Case 4 mesh, 3-D view



Figure 11. Case 4 interior view

#### 3.2 Results

#### 3.2.1 Cooling scheme comparisons

The simulations utilize a mass flow rate of 0.0528 kg/s, a flow temperature of 288.706 K (60 F) and a time step of 10 seconds. Figure 12 shows the mass flow rate through the vents for the four ventilation schemes.

Figure 13 shows the average volume temperature and the control point temperatures for the four cases. The control point temperature and the average volume temperatures behave similarly; however, in the cases with DV, the average volume temperature tends to be higher than the control point temperature, while it tends to be the reverse in the VAV cases. This is most likely caused by the nature of the flow field. While the average volume temperature and controller temperature do overshoot the desired peak and minimum values for temperatures in the room, the performance of the controller is sufficient to yield a reasonable comparison of the four ventilation systems. Figure 14 shows that by switching from the

VAV system to a DV system, cool air requirements can be reduced by 26%. When a radiation slab is added to the VAV system, cool air requirements are reduced by 28%. When a radiation slab is added to the DV case, cool air requirements are reduced by 39% over the DV case and 56% over the VAV case.







(b)



Figure 12. Continued



Figure 12. Mass flow rate through the vents for (a) Case 1, (b) Case 2, (c) Case 3 and (d) Case 4







Figure 13. Continued







Figure 13. Average volume temperature and control point temperature for (a) Case 1, (b) Case 2, (c) Case 3 and (d) Case 4

Figure 14 shows that by switching from the VAV system to a DV system, cool air requirements can be reduced by 26%. When a radiation slab is added to the VAV system, cool air requirements are reduced by 28%. When a radiation slab is added to the DV case, cool air requirements are reduced by 39% over the DV case and 56% over the VAV case.

#### 3.2.2 Simulations with a PCM layer in the exterior wall

The simulations utilize a mass flow rate of 0.0528 kg/s, a flow temperature of 288.706 K (60 F) and a time step of 10 seconds. The VAV and VAV with radiant cooling cases (Cases 1 and 2) were analyzed using two different PCM layers whose properties are listed in Table 2. Figure 15 shows the mass flow rate through the vents for the simulations.



Figure 14. Total mass of cold air input in Cases 1, 2, 3 and 4





Figure 15. Continued







Figure 15. Mass flow rate through the vents for Cases 1 and 2 with the two types of PCM layer

Figure 16 shows the average volume temperature and control point temperature for Cases 1 and 2 with two types of PCM layers.





(b)



Figure 16. Continued



(d)



Figure 16. Average volume temperature and control point temperature for Cases 1 and 2 with the two types of PCM layers

Figure 17 shows the PCM 1 layer having a minimal effect on the amount of cool air entering the room for the VAV case. There is a 4% reduction in cool air requirements for the VAV + Radiation Slab case. If PCM 2 is used, 42 % less cool air is required in the VAV case.

In order to calculate the energy being removed from various Cases by the jet, we must numerically integrate:

$$\int \dot{m} * C_p * (T_{jet} - T_{Room-average}) dt \tag{1}$$

The radiation slab's energy was calculated by numerically integrating:

$$\int flux * area * dt \tag{2}$$

where flux refers to the total surface heat flux measured on the radiation slab's surfaces and area is the total surface area of the radiation slab.

The total energy removed from the cases with a radiation slab is the sum of the flow energy and radiation slab energy.



Figure 17. Total mass of cold air input in the rooms for Cases 1 and 2 with the two types of PCM layer

Figure 18 also shows that PCM 1 has a minimal effect on the amount of energy being removed from the room by the flow and the radiation slab in the VAV case. There is a 3.2% reduction in energy removed with PCM 1 in the VAV + Radiation Slab case. PCM 2 again shows a significant reduction (43%) in energy being removed from the room while the temperature controller maintained thermal comfort.



Figure 18. Total energy removed by the slab and the flow

# 4. Conclusion

1. The air conditioning energy needs can be reduced through the use of distributed ventilation and chilled ceilings. Assuming the energy requirements for a cooling tower are small in comparison to that for an air conditioning unit with similar capacity, the energy savings should be roughly proportional to the reduction in chilled air being supplied to each room. For the cases analyzed in this paper, there could be a 28% reduction in energy if there was a radiant cooler added to the traditional VAV system, a 26% reduction if a displacement ventilation system was used over the traditional VAV system and a 56% reduction in energy if a displacement ventilation system with a chilled ceiling was used over the traditional VAV system.

2. Full CFD analysis of each room is required because the manner in which the air enters and exits each room creates distinct flow fields whose behavior determines the efficiency of each ventilation system. For example, the DV system introduces cold air on the floor of the room at low velocities. Temperature stratification is allowed to develop so that the hot air exits the room through the air outlets. The VAV system does not allow the stratification to take place due to the duct placement and higher air velocity; thus, the outlet air temperature is lower.

3. If the PCM is selected properly, significant energy savings can be achieved. The PCM must melt and freeze during the course of a day to realize any energy savings.

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